

RINK SAFETY AND ETIQUETTE GUIDE

Ice skating is fun but like all sports, skaters and spectators need to take care to ensure their own safety and that of others around them, particularly with regard to reducing the risks of falls and collisions with other people or objects. Here are some simple do's and don'ts to help you your safety and to enjoy yourself.

Do's

- ✓ Make sure your boots are correctly laced
- ✓ Secure all loose articles and clothing
- ✓ Wear gloves whilst skating
- ✓ Skate in an anti-clockwise direction
- ✓ Obey all signs and instructions from the rink staff
- ✓ Maintain control of your speed and direction whilst skating
- ✓ Take care when passing by other skaters or objects
- ✓ Leave the rink whilst any resurfacing or maintenance work is taking place
- ✓ Show consideration for other rink users

Don'ts

- * Don't go on the ice in any footwear except ice skates
- * Don't carry children on the ice
- * Don't skate whilst under the influence of alcohol, drugs or medication
- * Don't smoke, eat or drink whilst on the rink or in the surrounding area
- * Don't attempt to skate beyond the limits of your ability so that you put yourselves or others at risk
- * Don't leave any objects or litter on the ice
- * Don't sit, climb or put your feet on the barriers

You skate entirely at your own risk

You are required by law to follow these safety notices. The management reserve the right to refuse admission to the rink if we feel your actions may present a risk to yourselves or other skaters.



Skate Marshal Rules

- 1) No food or drink is allowed on the ice rink at any time.
- 2) Do not chase or race with any skaters as this is encouraging them to have an accident, do not tickle or play fight with any children, we do not want any parents or adults accusing us of interfering with children. (Police recommendation)
- 3) When skaters fall over attend them quickly to avoid them being hurt by other skaters or cut by skates, make sure they are ok then help them up.
- 4) Wonder Ice jackets must be worn at all times whilst working, they identify you as a skate marshal.
- 5) Make sure skaters are going the correct way around the rink (anti clockwise) and not the opposite way or across the rink as this can and will cause accidents.
- 6) Make sure skates are correctly fitted, if not this can cause ankle injuries.
- 7) When dealing with any first aid matters ALWAYS have a second skate marshal in attendance as a witness to any treatment that is being given, (Police recommendation)
- 8) If you think any skater is under the influence of either drink or drugs report this immediately to your rink manager.
- 9) If there are any emergency incidents follow your rink manager's instructions to clear the rink and call the emergency services, all emergency numbers are located in the skate distribution point.

Skates

- * The adjustable strap on the skate should be pulled fully out before attempting to fasten
- * When tightening skates please make sure that your leg is positioned so that the foot is vertically below the knee. The pictures show the correct and incorrect position of the leg when tightening
- * Do not over tighten!
- * Ensure that your skating boots are comfortable when fitted, if there are problems please see an attendant.



Correct



Incorrect

Attention

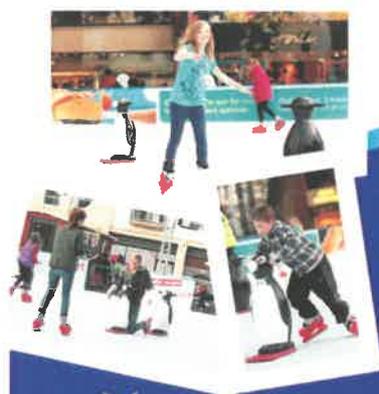
All participants take part in this activity at their own risk.

No liability will be accepted for loss or damage to persons and of personal belongings / clothing

We advice that participants who suffer from heart conditions, recurring injuries, back problems, sport injuries; or pregnant women, use their own judgement and not participate in ice skating at this venue.

Whilst all measures for safety are fully catered for by the organisers and operators, we must point out that all participants, take part at their own risk. In keeping with the usual and accepted running of an ice rink attraction, the promoters, organisers, operators, owners of the equipment and land owners will not be held responsible for any injuries to persons whilst taking part in this activity.

We reserve the right to refuse any participant from partaking in this activity, who in the judgement of the rink stewards. appears to be under the influence of alcohol or drugs and would present a danger to themselves and others.



WonderIce
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